



Offerings

Charleston JSJ offers:

- Animal Sessions (individual or group) in your home/neighborhood
- Self-Help Classes and Instruction
- New Client 3 Session Package
- 10 Session Immersion Package
- Healing Workshops and Booths for Charitable Events and Fundraisers

Helping George "adapt" at Alaqua Animal Refuge



Who We Are

About Us

Charleston JSJ brings the ancient healing art of Jin Shin Jyutsu to the Lowcountry. We offer individual sessions for animals (and humans), Self-Help Classes and Instruction.

Contact Us

📞 843.882.7825

✉️ jsj4animals@gmail.com

🌐 www.CharlestonJSJ.com



CHARLESTON JSJ

1002 Anna Knapp, Suite 201
Mt. Pleasant, SC 29464



***Jin Shin Jyutsu
For Your Animal
Companion***



charleston jsj



Sinker receiving a “Bladder Flow” at Hallie Hill Animal Sanctuary

What is Jin Shin Jyutsu?

Jin Shin Jyutsu (JSJ)...

is an ancient healing art that uses our hands to harmonize the body, mind and spirit. The origins of this gentle practice date back more than 4,000 years and were rediscovered by Jiro Murai in Japan in the early 20th Century. The energy flows and holds were documented by Mary Burmeister in the 1940’s and she later introduced them in America.



JSJ for Your Animal Companions...

is a direct outgrowth of Jin Shin Jyutsu (JSJ). Adele Leas, a renowned instructor, practitioner and author began adapting and applying the art for domestic animals and horses in the early 1990s. Her book “Jin Shin Jyutsu for Your Animal Companion” (now in its sixth edition) is published in three languages, and classes are taught throughout North and South America, Europe, and South Africa.

“Share the abundance that I am.”

- MARY BURMEISTER

Harmonizing Life Energy

Sharing JSJ with our animal companions provides a deeply rewarding and bonding experience.

Applying this Art will help:

- Promote harmony and well-being in both you and your animal companion
- Aid in healing and recovery
- Reduce and eliminate fatigue
- Improve communication and deepen the bond between you and your animal companion



Hercules receiving a centering hold at Alaqua Animal Refuge

Bringing Balance to the Body’s Energy

Disharmonies and health conditions improved through this gentle Art include:

- Reduced healing time after injury or surgery
- Elimination and digestive issues
- Skeletal and muscular disorders
- Circulatory problems
- Arthritis and other age related and degenerative disorders
- Reduction in attitudinal disharmonies including:
 - Fear
 - Grief
 - Stubbornness
 - Aggressive Behavior